



Westchester Independent Living Center, Inc.

Presents

Moving from Crisis Intervention to Crisis Prevention

By

Lorena Rucaj

M.A. Clinical Professional Psychotherapist

DATE August 30th & 31st, 2017

TIME 9:00 PM—5:00 PM

PLACE WILC, 10 County Center Road, White Plains, NY

REGISTRATION

Register On [Eventbrite](#)

or Rpalmer@wilc.org

914.682.3926 ext.2105

A TWO DAY TRAINING

This seminar is appropriate for everyone working with individuals with developmental disability or co-existing mental illness. Individuals who have a developmental disability or co-existing mental health condition are more at risk to be facing crisis situations and are more likely to receive crisis services. This is due to the individuals impairments experienced in multiple developmental areas such as cognitive processing, communication, social and emotional development, difficulties with self-direction, etc. This course will help participants develop skills to be able to assess the function of the individual's behavior; understand why one engages in challenging behaviors; to recognize the internal and external antecedents that trigger one into a crisis; the prevention techniques to be used to prevent a crisis from occurring (proactive strategies), and develop the appropriate skills to utilize should a crisis occur (active and responsive strategies). We will also investigate post crisis interventions staff can utilize to support people after a crisis, as well as ways to help prevent re-occurrence of future ones.